

Practise Rhythm Anywhere

Level 1.) Start Slow and Clap the Rhythm on your guitar.

Level 2.) Aim to play each Rhythm 5 times without mistakes. When you can comfortably do that, speed up for 5 times until you make no mistakes out of 5.

Level 3.) After doing each Rhythm separately now combine, 1-2, 2-3, 3-4, 4-5 etc.

Level 4.) FOR ROCKSTARS ONLY-Play Through all 8 Rhythms without stopping.

Level 5.) Pick your favourite 2 Rhythms and make your own song using your favourite chords.

1 down **2** down + (up) **3** + (up) **4** down

1 down **2** down + (up) **3** + (up) **4** + (up)

1 down **2** down + (up) **3** down + (up) **4** + (up)

1 down + (up) **2** + (up) **3** down + (up) **4** down + (up)

1 down + (up) **2** + (up) **3** + (up) **4** + (up)

1 down + (up) **2** + (up) **3** + (up) **4** down + (up)

1 down **2** down **3** down + (up) **4** + (up)

1 + (up) **2** + (up) **3** + (up) **4** + (up)